Prince Edward Island
Health and Community
Services System

EASTERN KINGS HEALTH REGION

SEVENTH ANNUAL REPORT
April 1, 2000 - March 31, 2001

EKHR SERVICES
(Alphabetically)

Acute Care and
Souris Hospital
- emergency
- inpatient services
- outpatient services
- lab/xray/ecg
- pharmacy
- physiotherapy

Addiction Services

Child & Family
Services

Community
Mental Health

Health Centre

Home Care &
Support

Housing

Long Term Care
(Colville Manor)

Public Health
Nursing

Take a Walk, be Active, ...be Well

EASTERN KINGS HEALTH REGION
ANNUAL REPORT - 2000-01

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Cover: Photo by Ron Eckhart
Funding provided by Health Canada (Population Health Fund)

EASTERN KINGS HEALTH REGION
BOARD MEMBERSHIP

(Back Row: Left to Right) BOARD MEMBER (Term)	ZONE #	(Front Row: Left to Right) BOARD MEMBER (Term)	ZONE #
Henry Compton, Bangor (Appointed 2001-2002)	#4	Thelma MacDonald, (V/Chair), Souris (Appointed: 1996-2001)	# 1
Westie Rose, (Chair), East Baltic (Elected: 1999-2002)	# 2	Freda McKie, Howe Bay (Appointed: 1999-2001)	# 3
Peter MacAdam, Morell (Elected: 1999-2002)	# 4	Mary C. MacPhee, Chepstow (Appointed: 1994-2003)	# 2
		Marian Trowbridge (Elected: 2000-2003)	# 3

ZONE		ELECTION YEARS
#1	Souris	2001, 2004, 2007
#2	Rollo Bay-Elmira	1999, 2002, 2005
#3	Launching-Naufrage	2000, 2003, 2006
#4	Greenwich	1999, 2002, 2005

EASTERN KINGS HEALTH REGION

MISSION STATEMENT

Support the health of the residents of Eastern Kings by providing quality services and promoting health in partnership with the community.

VISION STATEMENT

Respond to continuing and emerging community needs so as to provide a healthier future for those who are most vulnerable and who have need of our services.

VALUE STATEMENTS

1. ***HEALTH:*** *We will focus on all determinants of health.*
2. ***CONTINUUM OF CARE:*** *Our services will reflect the common priorities of education, prevention, treatment, and support.*
3. ***SERVICES:*** *Services offered will be based on equity, effective outcomes, and quality improvement.*
4. ***CLIENTS:*** *We will encourage client resourcefulness and respect their right to partake in decisions affecting their health.*
5. ***COMMUNITIES:*** *We will promote community participation and partnerships to enhance the health of Eastern Kings residents.*
6. ***RESOURCES:*** *Resources will be distributed equitably based on demonstrated need and sustainable effective outcomes.*
7. ***ENVIRONMENT:*** *Work environment will be people-focused.*
8. ***TEAMWORK:*** *Service providers will attain optimal outcomes by working together in an organization which values teamwork, creativity, and innovative solutions.*
9. ***COMMUNICATIONS:*** *Communications will be open and honest.*
10. ***EMPLOYEES:*** *All employees will be treated fairly and equitably.*

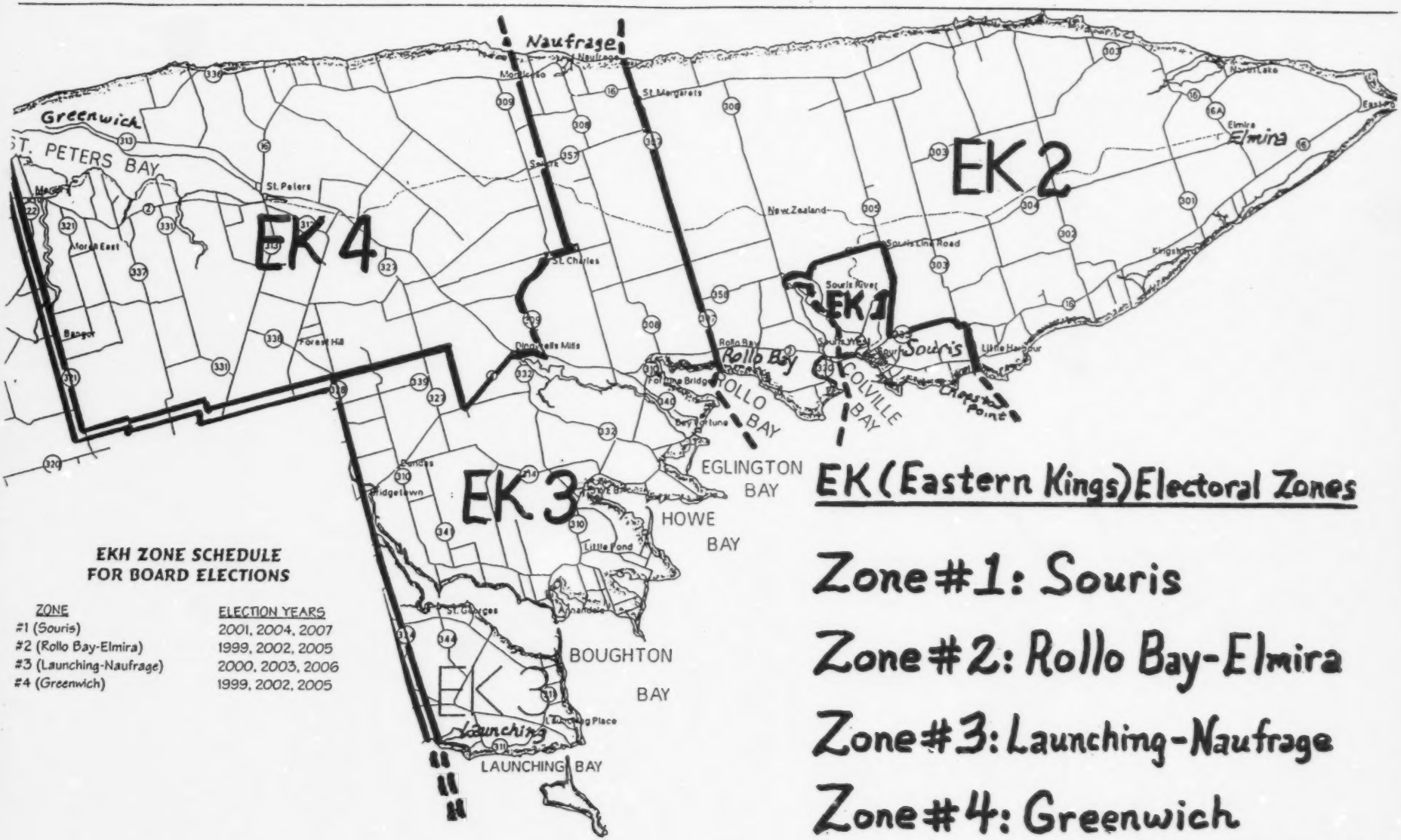
BELIEF STATEMENT

Strengthening Individuals, Families, and Communities

EASTERN KINGS HEALTH REGION(EKHR)

STRATEGIC DIRECTIONS (SD) and GOALS
2001/02 - 2003/04

SD - I - CONTINUUM OF CARE (C of C) **Health and Well Being (HWB) of EKHR Residents**	
1.0	Wellness initiatives improve health.
2.0	Investment and assistance to the most vulnerable.
3.0	Integrated and Evidence Based case management governs services.
SD - II - ACCOUNTABILITY **Accountability (ATY) and Sustainability (STY)**	
1.0	Community Needs Survey (CNS) identifies and prioritizes improvements.
2.0	Quality Improvement (QI) enhances effectiveness & public confidence.
3.0	Priority investment and choices result in sustainability.
SD - III - HUMAN RESOURCES (HR)	
1.0	Staff Surveys identify priority improvements.
2.0	HR Planning is comprehensive and continuing.
3.0	HR initiatives enhance working environment



EKH ZONE SCHEDULE FOR BOARD ELECTIONS

ZONE	ELECTION YEARS
#1 (Souris)	2001, 2004, 2007
#2 (Rollo Bay-Elmira)	1999, 2002, 2005
#3 (Launching-Naufrage)	2000, 2003, 2006
#4 (Greenwich)	1999, 2002, 2005

EK (Eastern Kings) Electoral Zones

Zone #1: Souris

Zone #2: Rollo Bay-Elmira

Zone #3: Launching-Naufrage

Zone #4: Greenwich

INFORMATION TECHNOLOGY and GEOMATICS SERVICES

2000-01 Chair and CEO Report

The first year of our new millennium was highlighted by the July 1, 2000 startup of the Eastern Kings "Health Centre". To mark this special occasion, the Region and Minister Jamie Ballem hosted an "Open House" to meet Health Centre staff and tour its facilities on July 11, 2000.

Our Eastern Kings Health Centre is the first such Primary Health Centre of its kind on PEI. All Health Centre staff inclusive of physicians, nurses, and medical secretaries are employees of the Region.

Coinciding with the July 1/00 Health Centre startup, the Region's physician complement increased from three to four. By the conclusion of 2001, the Centre's nursing complement will likewise be increased to four. Over 2002 and 2003, the Centre's nurses and the Region's allied professionals will gradually assume strategic roles in terms of patient education, health promotion, chronic disease management, counselling, and the administration of routine treatments/therapies.

Also coinciding with the Health Centre startup was the establishment of very popular evening clinics on Monday, Tuesday, Wednesday, and Thursday evenings.

Over 2000-01, your Board continued initiatives begun in 1999 to allow for community input/participation and accountability to the residents of Eastern Kings. Open Board meetings are now followed by Public Forums hosted by Board members. Board meetings and Public Forums rotate annually to all four zones within our Region. Our annual Community Needs Survey is reviewed item by item by our Leadership (combined Board-Management members) Team in the spring. Respondent recommendations are acted upon or earmarked for future action in our Strategic Plan.

Our Strategic Plan is made available to the public, as is its annual review or evaluation. Over the coming year, the Board will have completed its transition to a majority elected Board.

In closing, we wish to express our ongoing appreciation to Board Members, Staff, Volunteers, and Community Partners who are so essential in helping Eastern Kings Health to better meet the needs of Eastern Kings residents.

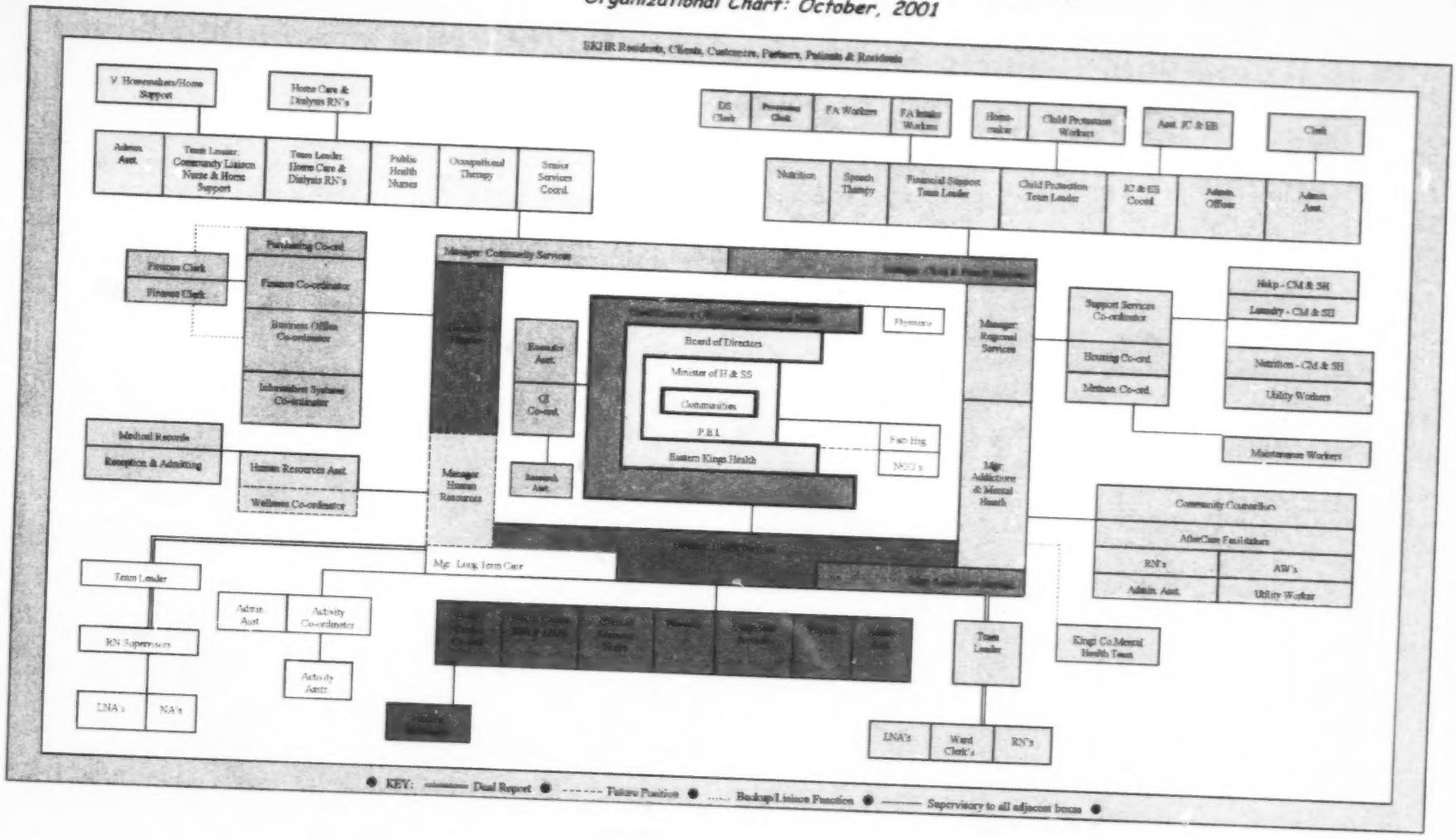
Respectfully submitted,

Weston Rose - Chair
Eastern Kings Health Region Board of Directors

Mark MacPherson, CEO
Eastern Kings Health Region

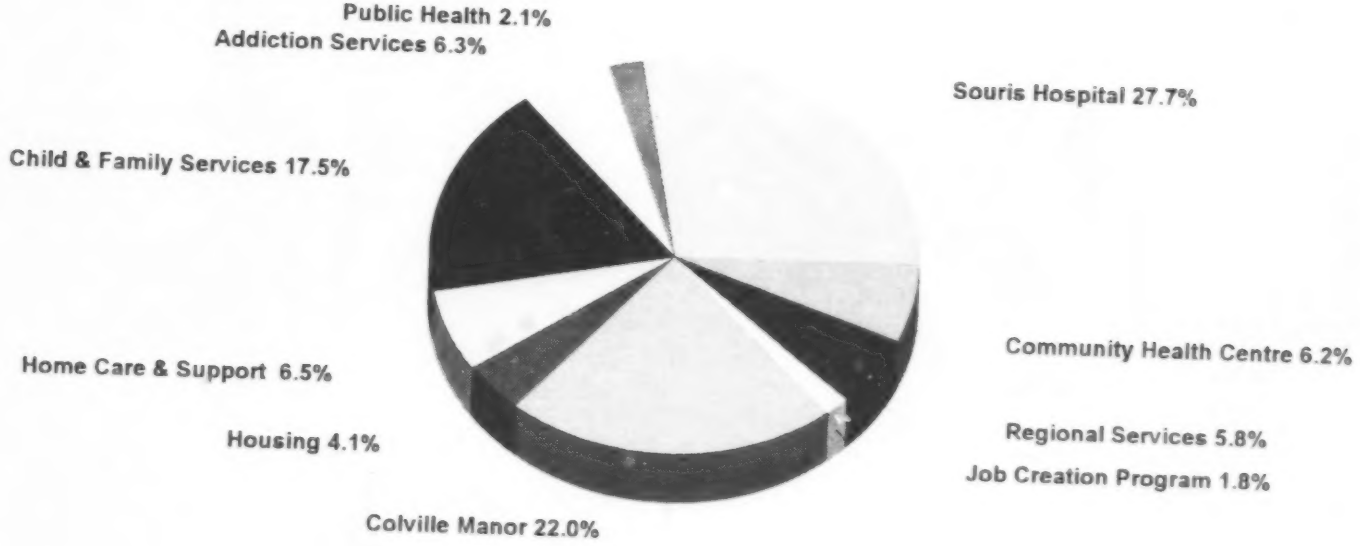
EASTERN KINGS HEALTH REGION (EKHR)

Organizational Chart: October, 2001



Eastern Kings Health

Expenditures to March 31, 2001



EASTERN KINGS HEALTH REGION

Profile

The Eastern Kings Health Region was created in October 1993 to provide a full spectrum of Health and Social Services to the 7000 residents of Eastern Kings.

The Eastern Kings catchment area extends from Morell in the West to East Point; its Southern boundaries include such communities as Bridgetown, Launching, and Annandale. Regional Services include: Health Centre inclusive of physician and healthcare professional clinics, Acute Care, Long Term Care, Addiction Services; Child & Family Services, Home Care & Support, Public Health Nursing, Community Mental Health, Services to Seniors, Seniors Housing, and Employment Enhancement. Administrative linkages are maintained with Family Housing, MacIntyre Home and Harbourview Training Centre--all of which are within the mutual Health and Social Services umbrella.

The Region is administered by a Board of seven members, four of whom are elected and three of whom are appointed by the Governor in Council. Eastern Kings is one of five such Regions constituting PEI's Health and Social Services System.

2000-01 New Initiatives

- Permanent QI (Quality Improvement) structure established with seven QI Teams; teams to also perform strategic planning and accreditation functions
- Region hosts first annual "Whole Life Expo" for staff
- Region initiates public evaluation of its Strategic Plan
- Eastern Kings Health Centre opens July 1, 2000 with PEI's first Regional team of Medical/Nursing/Secretarial personnel
- Region begins annual rotation of hosting Board meetings in each of its four zones

- Region conducts first annual Staff Suggestion/Recommendation Survey; Action Plans to be monitored semi-annually by Unions and Management
- Addiction Services expands programs to meet emerging needs of a wider client base; new Nicotine Dependency Program experiences high demand; Mount Herbert opens to accommodate Regional inpatient services for detox and rehab

2000-01 Highlights

- Region's physician complement increases from three to four
- Zone #3 (Launching-Naufrage) holds its first Board election
- Nursing Strategy included funding to create employment for five Bachelor of Nursing students
- Eight students were employed during the summer under the "Health Care Futures" program
- Region conducts second annual "Community Needs" and "Staff Satisfaction" Surveys

2001-02 Preview

- June 2001 CCHSA Accreditation Team visit cites Region's performance in strategic planning as outstanding. For example, community linkages, patient/client service, labour-management relations, communications, new initiatives (ie Health Centre), service access, service integration/teamwork, volunteer commitment, and workplace participation and pride
- Eastern Kings Health Foundation Inc. receives Revenue Canada approval May 17, 2001 as PEI's first Regional Foundation
- Transition to a majority elected Board to conclude with Zone #1 (Souris) election in November 2001
- Regional Strategic Plan incorporates fundamental principles and goals of newly developed Health & Social Services ("System") Plan
- Region initiates semi-annual "Public Wellness" sessions

JUNE 2001 CCHSA ACCREDITATION SURVEY TEAM

ADDICTION SERVICES

Profile

Addiction Services for Kings County has undergone a major change over this reporting year. On September 10th, 2000 our inpatient service and treatment shifted to one inpatient treatment center in Mount Herbert, P.E.I. In Kings County, outpatient services were expanded to include a new site on Douses Road in Montague in addition to the Breakwater Street facility in Souris.

Outpatient services offered seven days/week out of each Kings County facility include: detox/withdrawal management, alcohol/drug education programs, a new Tobacco Dependency Program and screening/assessment/ referral services. Counseling services are available for youth, families, women, and dual diagnosis clients. Adult and Adolescent Rehabilitation, Student Assistance, and Aftercare Programs are offered.

2000-01 New Initiatives

- Mount Herbert, Provincial inpatient facility, opens offering all inpatient treatment on P.E.I. for Addiction Services
- Five Regional outpatient sites become operational with Kings County having one in Souris on Breakwater Street, and one in Montague on Douses Road
- Introduction of Student Assistance Programs at primary grade level
- Implementation of Tobacco Dependency Program in January 2001
- Development of a resource library for staff, clients, families, and general public

2000-01 Highlights

- Standards of care and criteria for admission developed provincially for in and outpatient services
- Staff training for delivery of outpatient detoxification, for delivery of Tobacco Dependency Program and for assisting the problem and pathological gambler
- Youth Counsellor hired with additional responsibilities for women's issues, dual diagnosis clients, and gambling addictions
- Adolescent Aftercare Program developed

- Computer presentation developed and used for alcohol/drug education in schools

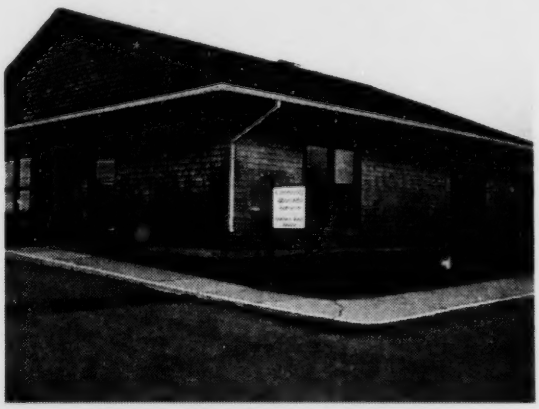
2001-02 Preview

- New family program to be offered in fall of 2001
- Provincial/Regional Addiction Services "Women Only" program initiated
- Provincial/Regional Gambling Addiction Program initiated
- Breakwater facility assumes new name: "Breakwater Wellness Centre"
- Closer alignment of Addictions and Mental Health Services now housed at "Breakwater Wellness Centre"

"Breakwater Wellness Centre" formerly Addiction Services

KINGS COUNTY - COMMUNITY ADDICTION PROGRAMS		
Activity	**1999 - 2000**	**2000 - 2001**
Detoxification Unit Utilization Based on 10 Beds (EKH & SKH)		**Apr. 1/00 - Sep. 10/01**
Total Admissions	**301**	**89**
Under 19	4	0
19 - 25	13	0
26 - 60	227	68
Over 60	57	21
New/Repeat Admissions	37/264	8/81
Female / Male Admissions	26/275	7/82
Average Stay (female)	4.5 days	2.5 days
Average Stay (male)	4.9 days	4.2 days
Utilization Rate	46%	52%
EKH Referrals to In-Patient Unit (Mount Herbert)		**Sep. 1/00 - Mar. 31/01**
Total Admissions		**58**
Under 19		1
19 - 25		1
26 - 60		50
Over 60		6
New/Repeat Admissions		29/29
Female / Male Admissions		11/47
EKH Out-Patient Ambulatory Detox Services		**Sept 10/00 - Mar. 31/01**
Withdrawal Management/Pathways Education		
Total Admissions		**28**
Under 19		0
19 - 25		0
26 - 60		23
Over 60		5
New/Repeat Admissions		28/0
Female / Male Admissions		4 / 24
Tobacco Dependency		
Total Admissions		**71**
Under 19		0
19 - 25		6
26 - 60		61
Over 60		4
New/Repeat Admissions		71/0
Female / Male Admissions		40 / 31

Activity	1999 - 2000	2000 - 2001
EKH Adult Out Patient Rehabilitation Program		
Total Admissions	**33**	**58**
Under 19	0	1
19 - 25	1	1
26 - 60	31	50
Over 60	1	6
New/Repeat Admissions	19/14	29/29
Rehab Services - One to One Counselling		
Total # Client Sessions		**137**
Female / Male		20 / 117
Family Services: One to One Counselling		May/00 - Mar. 31/01
Total # Client Sessions		**120**
Female / Male		109 / 11
EKH Other Services (Referrals ie: probation, highway, etc.)		
Total # of Clients	n/a	**99**
Female / Male		5 / 94
Student Assistance Program (Based On School Year for EKH & SKH)		
	Sep./99 - Jun. /00	**Sep./00 - Jun./01**
# of Students Surveyed	685	652
# of Students Assessed	95	288
# of Student Participants	76	282
# of Senior High Schools	2	1
# of Junior High Schools	0	1
# of Consolidated/Elementary	2	5
Public Presentations	10	28



Douses Road Site, Montague

CHILD AND FAMILY SERVICES

Profile

Child & Family Services include the following:

1) Foster Care
2) Child Protection
3) Children-in-Care
4) Adoption
5) Home Helper Service
6) Day Care Subsidy
1) Financial Assistance
2) Speech Therapy
3) Nutrition Services
10) Disability Support
4) Employment Enhancement

2000-01 New Initiatives

- Employment Enhancement in Eastern Kings and Southern Kings partnered with Human Resources Development Canada to provide a year long Employment Pathways project in the Souris and Morell areas

- ROSE (Rural Outreach Supportive Employment) Project implemented March 12 - July 13/01 to assist individuals with disabilities gain new skills through work placements with the support of a job coach.

2000-01 Highlights

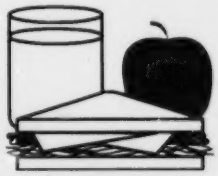
- New Child Protection Act received Royal Assent in December 2000 and will likely be proclaimed sometime in 2002.

- Drug Cost Assistance Program offers education and more timely access to prescription drugs for clients

- Employment Enhancement partners again with the PEI Institute of Adult and Community Education Inc. to provide the Autoskills Literacy Program - a free computer based program offering one-to-one assistance in reading and math skills

- Increase in the amount of Financial Assistance available for eligible clients in the form of:
  1) Healthy Child Allowance to help families encourage their children to participate in sports, arts and/or other recreational activities.
  2) Local Transportation Allowance for each family receiving Financial Assistance to help with the cost of everyday transportation needs.
  3) Increase in the amount allowed towards the cost of optical exam.

- Foster Parents Information Nights held in April and December, 2000 as part of an initiative to recruit additional foster parents for Eastern Kings



- The Nutrition For Learning School Snack Program grew from one day a week to three days a week, and expanded from grades 1 - 4 to all the students at Souris Consolidated School

2001-02 Preview

- New Disability Support Program scheduled to start in October, 2001.
- Nutrition will continue to partner with other services to further develop the Nutrition for Learning at Souris Consolidated
- Regional child welfare staff will participate in the development of new policies and procedures for the delivery of child welfare services under the new PEI Child Protection Act
- Nutritionists will begin using newly developed Prenatal Nutrition Intervention Program Indicators to assess delivery of prenatal services in the Region
- Speech Language Pathologist to assist in the development of a resource library of materials that parents can use with children between 18 months and 6 years who have been screened as having speech delay. This resource library has been established through Little Expressions Mean a Lot, a project sponsored through the Rural & Remote Health Initiatives Fund

"Annual Foster Care Appreciation Dinner"

CASELOAD STATS 2000-2001
Child & Family Services

Service	Referrals		New Services Opened	Average Monthly Caseload	Active Cases as of March 31 2001
	99/00	00/01			
Adoptive Parents	N/A	N/A	0	1	1
Child Aid Resource	3	3	1	1	2
Child Protection	75	52	34	20	20
Children-In-Care	N/A	N/A	11	6	8
Dare Care Subsidy	N/A	104	92	38	48
Disability Supports	9	4	5	29	28
Employment Enhancement	193	206	89	30	46
Family Support	2	2	1	12	12
Financial Assistance	558	625	404	136	197
Foster Parents	4	4	6	5	6
General Counselling	N/A	N/A	9	2	5
Home Helper Service	N/A	8	8	5	8
Nutrition -Child & Family	25	39	33	19	18
Nutrition -Regional	--	268	268	N/A	N/A
Speech Therapy	37	32	28	57	54

Most services involve Community work for which no case numbers would be assigned. This includes facilitating groups, presentations, committee work, working with the Family Resource Centre, providing consultation and education.

COLVILLE MANOR

Profile

Colville Manor is a 53 bed nursing care home. 12 beds comprise the Special Care Unit for individuals with Alzheimers disease and other dementias. Two beds are designated for respite and/or restorative care, and the remaining 39 beds are high level long term care.

Patient services offered at the Manor include nursing, medical, activity/social, pastoral, day program, physiotherapy, occupational therapy, palliative, dietary assessment, volunteer visiting, hair care, laundry, housekeeping and maintenance.

2000-01 New Initiatives

- Implementation of recommendations from Colville Manor Special Care Committee resulted in improvement in continuity of care for residents
- Equipment purchases included adaptive equipment, patio sets for front deck, picnic tables, wall pictures and a painting

2000-01 Highlights

- Second grant from Wildlife Federation awarded to Colville Manor, which resulted in plants, bird feeders, etc. being added to front of building
- Three Souris High School students involved in Community Service Bursary Program
- Two day Palliative Care Workshop offered to Colville Manor Nursing staff

2001-02 Preview

- Improvements to Care Planning to include regular nursing conferences
- Staff participation in courses related to cognitive impairment
- Special Care Committee to develop materials/education program to assist families of residents with a cognitive impairment
- Resident Council strengthening of health - i.e. speakers on diabetes, high fibre diets, dealing with loss, benefits of exercise

COLVILLE MANOR Utilization (based on 53 beds)		
Activity	**1999-00**	**2000-01**
Total Resident Days	16617	17449
Average Daily Census	47	48
TOTAL ADMISSIONS:	27	40
Long Term Admissions	14	23
Short Term Admissions	13	17
Discharge Totals	29	30
Deaths	18	19
To Community	11	10
Transfers	0	1
Manor Utilization Rate	86%	91%

Volunteers provide entertainment at Colville Manor

COLVILLE MANOR Utilization (based on 53 beds)		
Activity	1999-00	2000-01
Total Resident Days	16617	17449
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Manor Utilization Rate	86%	91%

Volunteers provide entertainment at Colville Manor

COMMUNITY SERVICES

Profile

Regional Community Services provides a wide range of services and programs to the residents of Eastern Kings which include Public Health Nursing, Community Mental Health Services, and Home Care & Support.

Programs offered within these sub-services address such health issues as health promotion, illness prevention, public education, disease control, early diagnosis, and treatment.

2000-01 New Initiatives

- As part of a revised provincial Diabetes program, the Eastern Kings Diabetes Coordinator saw 59 people living with diabetes. A needs assessment was done and appropriate referrals were made
- Roots of Empathy, a parenting program for elementary school children, was implemented by Public Health Nursing in Rollo Bay Consolidated School. The program was offered to 21 Grade six students. The program focuses on infant development, emotional literacy, tolerance and fosters empathy

- Kick the Nic, a Smoking Cessation Program for teens developed in British Columbia, was offered to 31 students by Public Health Nursing at Souris Regional High School

2000-01 Highlights

- Healthy Communities in Action continues to sustain four volunteer Health Promotion working groups targeted at the risk factors of Heart Disease : nutrition, smoking, active living and stress. Some of the activities that were organized or coordinated were Walking Clubs in Eastern Kings and Fortune; instructor training for fitness instructors; a grocery store tour; a "Stress-free Christmas" brochure; and several displays of Health Education materials

2001-02 Preview

- Primary Prevention of Diabetes project to be implemented in Eastern Kings schools in the coming year
- Dialysis program to be offered to out of province residents in Eastern Kings for the first time
- Community Mental Health Services to be offered under the Kings County clinical services umbrella in collaboration with Addiction Services

COMMUNITY SERVICES		
Activity	**1999-00**	**2000-01**
Immunizations Administered	1322	1598
Cradle Program Participants	53	34
Babies Born to Families in Eastern Kings Health	87	54
Children Seen at Child Health Clinics	546	1201
Health Education Sessions in Schools (Groups)	38	59
Hearing/Vision assessments, health education sessions, and communicable disease inspections in schools	1371	1536
Students Screened/Referred for Vision Problems	236/51	273/53
Students Screened/Referred for Hearing Problems	126/20	151/24
Visiting Homemaker Visits	7255	7528
Home Care Nurse Visits	3950	5776
Adult Protection Referrals	24	16
Seniors Services Referrals	121	145
Meals on Wheels Provided	5098	5094

"MacDonald Triplets - left to right: Sarah, Madeline, and Hannah - will be 2 years old on December 16, 2001"

EASTERN KINGS HEALTH CENTRE

Profile

The Eastern Kings Health Centre opened as a Primary Health Centre on July 1, 2000. All staff including physicians, nurses, medical secretaries, and coordinator are Regional staff. Other Regional staff inclusive of social workers, dieticians, pharmacist, public health and home care nurses, mental health and addictions staff, physiotherapist and occupational therapist work with Centre staff on a consultative or referral basis.

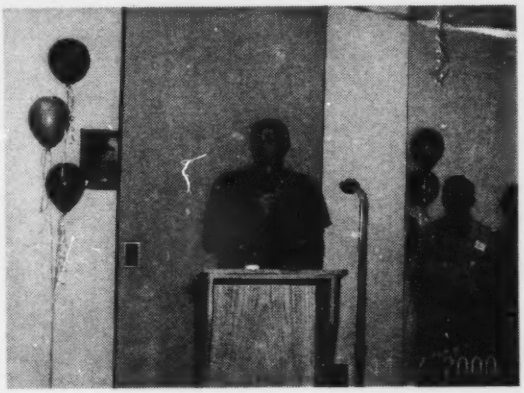
The Centre is located on the lower level of the Souris Hospital and is open 9:00 am to 5:00 pm Monday to Friday. Evening clinics are held Monday to Thursday from 6:00 pm to 8:00 pm

2000-01 New Initiatives

- PEI's first Regional Physician Model introduced on July 1, 2000
- Eastern Kings assumes new complement of four physicians
- Eastern Kings Health assumes management of the Centre's patient records

2000-01 Highlights

- July 11, 2000 "Open House", hosted by Eastern Kings Health and Minister Jamie Ballem, celebrated opening of new regional Health Centre



- Evening clinics increased to four evenings a week
- Health Centre moves to full staffing complement

2001-02 Preview

- Nursing staff to begin primary health care role as optional entry contact for patients
- Centre formalizes linkages with Regional auxiliary and para-medical staff

REGIONAL SERVICES

Profile

Regional Services facilitates the integration of services in Eastern Kings Health, and provides the essential resources required by each of the Souris Hospital, Colville Manor, Community Services, Health Centre, Child and Family Services, Addiction Services, and Housing.

Major support services include administration, human resources, information systems, communications, financial management, payroll, materials management, property management, dietary, housekeeping, laundry, medical records and several other services.

The Senior Citizens Housing Programs is intended to provide quality apartment style housing to low to moderate income individuals. The program provides 120 self-contained units for seniors on a rent-to-income scale. Housing staff also provides consultative services to the Family Housing Board of Eastern Kings for its 36 family housing units.

2000-01 New Initiatives

- First annual Whole Life Expo features 25% participation by staff
- Regional Mock Disaster conducted in June 2000

2000-01 Highlights

- Air conditioning installed in Souris Hospital's dietary and laundry areas and in Colville Manor's kitchen and staff room
- 224,384 pounds of laundry processed; and 131,778 meals served
- 25 Seniors benefited from the "Helping Hands for Seniors Program" provided
- CPR and Fire Evacuation Training offered annually to employees
- Regional Staff Wellness Committee held quarterly activities including the Poker Walk, Walk into Spring, Winter Carnival, Health Expo
- Annual Volunteer Appreciation Night acknowledges commitment by the Region's 400 volunteers
- Staffing activity resulted in 77 (112 in 1999-00) competitions held in 2000-01

2001-02 Preview

- Region hosts its first semi-annual public wellness session
- International Year of the Volunteer constitutes theme for 2001 annual volunteer recognition ceremony
- Region donates two dozen computers (not eligible for upgrades) to local community groups including Souris Consolidated Kindergarten
- Wheelchair accessible door openers installed for Colville Manor and Souris Hospital

SENIORS HOUSING			
Activity	**1999-00**	**2000-01**	**% Change**
Total # Units	120	120	---
Total # Buildings	15	15	---
New Applicants	22	25	+14
# Placements	14	20	+43
# of Re-assessments	10	8	-20

"Staff Fire Safety Training"

SOURIS HOSPITAL

Profile

The Souris Hospital offers 24 hour emergency, outpatient and inpatient care to the residents of Eastern Kings. As the first Primary Health Centre in the province, it offers a wide range of services to the people living and working in our communities.

An integrated regional primary health team provide services in the 17 bed (+ 1 observation bed) inpatient area on the upper level and in the Health Centre on the lower level of the building. The team includes physicians, nurses, pharmacy, physiotherapy, nutrition counselling, diagnostic services and health management. Visiting specialists regularly hold out patient clinics in Audiology, Chiropractics, Geriatrics, Optometry and Podiatry. The team accesses specialist care from throughout the Maritimes as needed.

Public Health Nursing, Community Mental Health, Haemodialysis, Home Care & Support/Home Equipment Loan Program and Housing are also located within the hospital facility. A Dental Clinic is located adjacent to the Health Centre on the lower level.

2000-01 New Initiatives

- Full time physiotherapy services reduces waiting lists/times and increases service to seniors at Colville Manor.

2000-01 Highlights

- Students in Nursing and Health Care Programs learn about and work in the Primary Health Centre model at Eastern Kings.

2001-02 Preview

- Facility pharmacy services expand to four days per week to support acute and outpatient care.
- New on site lab testing allows for more timely results.
- Creation of nursing float positions enhance the recruitment and retention of registered nurses.
- Souris Hospital Foundation Inc. completes transition to Eastern Kings Health Foundation Inc.
- Diagnostic Services recruit three out-of-province technicians to provide core services and 24-hour call.

SOURIS HOSPITAL - Utilization (based on 17 beds)		
Activity	**1999-00**	**2000-01**
In-patient Admissions	617	642
Out-patient Admissions	6821	6304
Births	0	0
Deaths	28	21
Lab/X-ray/ECG Exams	21988	25909
Physiotherapy Visits	480	1041
PATIENT DAYS	5764	5564
Hospital Utilization Rate	91%	89%

"Health Care Future Students"
Summer 2001

SOURIS HOSPITAL - Utilization (based on 17 beds)		
Activity	**1999-00**	**2000-01**
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"Health Care Future Students"
Summer 2001

Eastern Kings Health Region – 1999 - 2000 Strategic Plan – Annual General Meeting Report/Update for November 6, 2001								
S. D. #	Goal #	Obj #	PROPOSED STRATEGY		STATUS		CURRENT/FUTURE ACTION	Page 12
I	1.0	1.1	1.11	– Develop Mission, Vision, Values – Develop Strategic Plan plus Action Plans – Develop process to monitor/evaluate Plan	1.11	– Accomplished May 1999 – Accomplished June 1999 – Evaluation performed annually	1.11	– Solicit public input every three years (2001) – Review and update annually (spring) – Develop indicators, to be reviewed quarterly
		1.2	1.21	– Newsletter to promote "Continuum of Care" ("C of C")	1.21	– First annual cycle published	1.21	– 2002 features for Youth/Seniors/Prevention
			1.22	– Orientations and Manual reflect "Cof C"	1.22	– New Manual in 2000	1.22	– Worksite orientations/meetings to reflect "C of C"
		1.3	1.31	– "Healthy Communities in Action" (HCIA) get staff support	1.31	– Committed in 1999	1.31	– Continuing support to four Volunteer Working Groups
			1.32	– EKHR communications reflect HCIA philosophy	1.32	– Begun in newsletter	1.32	– Promote through semi-annual Whole Life Expos
	2.0	2.1	2.12	– Clarify responsibility/cooperation areas with Family Housing	2.12	– Process just begining	2.12	– Formalized in autumn of 2001
		2.2	2.21	– Incorporate Mental Health into relevant services	2.21	– No progress to date	2.21	– Process begun over 2001 with Addictions
			2.23	– Enhance support services to address bed utilization	2.23	– No progress to date	2.23	– Provincial strategy to be developed
		2.3	2.31	– Develop Regional Quality Improvement (QI) Program	2.31	– Deferred to 2000/01	2.31	– Program initiated in Autumn 2000
	3.0	3.1	3.12	– Regional participation in Youth Tobacco Reduction	3.12	– Performed	3.12	– Strategy implementation begun in 2000
		3.2	3.21	– Region to hire Youth Coordinator for youth initiatives	3.21	– Deferred indefinitely	3.21	– Make do with current staff/programs
			3.22	– Student Assistance Program offered in all schools	3.22	– Partial implementation	3.22	– Too few counsellors to do all schools annually
II	1.0	1.1	1.12	– Medical & Acute Care Systems Review	1.12	– Completed in June 00	1.12	– Major recommendations implemented over 2000/01
		1.3	1.31	– Community Needs Assessment (CNA) modules redesigned	1.31	– Done in Strategic Plan Action Plans	1.31	– To continue module development
			1.32	– Board utilizes CNA modules for Strategic Plan	1.32	– Utilized Survey in 2000	1.32	– CNS (Survey) to be basis of Strategic Plan update
			1.33	– Souris Hospital utilization within approved levels	1.33	– Achieved on average	1.33	– To address peak periods of higher utilization
	2.0	2.1	2.11	– Accreditation Focus Visit recommendations implemented	2.11	– Done for June 1999 visit	2.11	– Most priority recommendations implemented by June 0
			2.13	– Provincial Pharmacy initiatives for Long Term Care and F/Assistance	2.13	– Implemented in 2000	2.13	– Provincial system satisfies Accreditation recommendations
		2.2	2.21	– Y2K Strategy implemented	2.21	– Performed in 1999	2.21	– Transition accomplished with no problems
			2.22	– Regional Disaster/Risk Programs initiated	2.22	– Overall Regional plan deferred to 2001	2.22	– Regional Mock Disaster held in 2000
		2.3	2.31	– Regional boundary issues addressed/resolved	2.31	– Deferred to 2002	2.31	– SKH and QR consults to ensure no service gaps

S. D. #	Goal #	Obj #	PROPOSED STRATEGY		STATUS		CURRENT/FUTURE ACTION	
	3.0	3.1	3.11	– Region provides managers with financial training/support	3.11	– Attempted and deferred	3.11	– To solicit provincial support for training/software
		3.2	3.22	– Conduct two financial management training sessions per year	3.22	– One conducted	3.22	– Requires new strategy and resources
		3.3	3.31	– Region to develop Business Plan	3.31	– Deferred to 2002	3.31	– Plan and contingency to prioritize resource allocation
III	1.0	1.1	1.11	– Collective Agreements/Policies applied consistently	1.11	– Performed to expectations	1.11	– Management-Union reps regularly review
			1.13	– Succession planning reviewed annually	1.13	– Process begun	1.13	– Vulnerable areas required further planning/resources
		1.2	1.21	– Develop Regional Communication Plan	1.21	– Monthly newsletter/bulletins	1.21	– Plan systemizes vertical and horizontal communication
			1.22	– Value Statements/Strategic Plan integral to annual Performance Review	1.22	– Begun in some worksites	1.22	– Continuing goal for all worksites
		1.3	1.31	– Role of Board/CEO/Staff understood/practiced	1.31	– New process just begun	1.31	– Provincial process to be completed over 2001/02
	2.0	2.1	2.11	– Managers assess and prioritize Professional Development needs	2.11	– Poll and Survey done	2.11	– To formalize at individual and Performance Development lev
			2.12	– Develop equitable policies re access to Professional Development	2.12	– New policy for 2000	2.12	– To progressively enhance opportunities for all
			2.13	– Maximize opportunities by hosting Professional Development in EKH	2.13	– Begun for staff/managers	2.13	– Overall plan requires more work/resources
		2.2	2.21	– HR Plan to include annual Staff Satisfaction Survey – Labour/Management Teams offer Staff Suggestion Survey – Workload measures systems to be introduced	2.21	– Performed June 1999 – Performed February 2000 – Strategy cancelled	2.21	– 2nd Annual Survey conducted in November 2000 – Teams to monitor/follow-up suggestions and action plan – Potential outcome not justify resources required
		2.3	2.31	– Explore feasibility of Attendance Management Program	2.31	– Deferred to 2002/03	2.31	– Requires greater HR resources to develop
			2.32	– Wellness Committee/Activities initiated – Eastern Kings hosts pilot for personal wellness	2.32	– Community & Regional event begun – Successful pilot Spring 1999	2.32	– Committee hosts annual Xmas party/Whole Life Expo – Province exploring options for provincial program
	3.0	3.1	3.11	– Multi-disciplinary Liaison Committee includes Physicians	3.11	– Committee meets weekly	3.11	– New Physician model enhances function
		3.2	3.21	– Physicians to participate in regular case conferences – Semi-annual Physician participation at Board/SMT Meetings	3.21	– Deferred to 2002 – Deferred to 2002	3.21	– To review when Physician complement is stabilized – To review when Physician complement is stabilized
			3.23	– Physician orientation to be comprehensive	3.23	– Developed and performed	3.23	– Permanent/Locum orientations are formalized
		3.3	3.31	– Secure approval for 4th physician – Four Physician Model predicated on salary model	3.31	– Achieved for April 2000 – Instituted in July 2000	3.31	– 4th Physician position operational July 2000 – Health Centre Model implemented over 2000/01
			3.32	– Medical Staff Bylaws reflect QEH involvement – Medical Staff Regulations reflect education requirements	3.32	– Amended in 1999/2000 – Amended in 2000	3.32	– Bylaws to be amended in 2002 to reflect Health Centre – CME (Continuing Medical Education) required of all Physicians

EASTERN KINGS HEALTH AUTHORITY

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

MARCH 31, 2001

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MacPHEE & MacAULAY
CHARTERED ACCOUNTANTS

L. JAMES MacPHEE, B.B.A., C.A.
P.O. BOX 70, MONTAGUE
PRINCE EDWARD ISLAND
C0A 1R0

H. FRANCIS MacAULAY, B.COM., C.A.
P.O. BOX 88, SOURIS
PRINCE EDWARD ISLAND
C0A 2B0

AUDITORS' REPORT

TO THE MEMBERS OF THE EASTERN KINGS HEALTH AUTHORITY

We have audited the balance sheet of Eastern Kings Health Authority as at March 31, 2001 and the statements of revenue and expenditures and income and appropriated equity for the year then ended. These financial statements are the responsibility of the Eastern Kings Health Authority's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In our opinion these financial statements present fairly, in all material respects, the financial position of Eastern Kings Health Authority as at March 31, 2001 and the results of its operations and the changes in its equity for the year then ended in accordance with Public Sector Accounting Principles.

macphee & macaulay
CHARTERED ACCOUNTANTS

June 11, 2001
Montague, P.E.I.

EASTERN KINGS HEALTH AUTHORITY

BALANCE SHEET

AS AT MARCH 31, 2001

	2001 $	2000 $
ASSETS		
CURRENT ASSETS		
Cash	675,873	33,345
Short term investments	177,643	639,312
Accounts receivable	320,435	219,339
Due from Eastern Kings Health Foundation Inc.	73,770	90,923
Due from Department of Health and Social Services	320,552	443,225
Prepaid expenses	42,218	33,220
	1,610,491	1,459,364
ASSETS HELD IN TRUST (note 1)	12,542	11,229
APPROPRIATED ASSETS (note 1)	55,155	207,493
	1,678,188	1,678,086
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	812,735	715,120
Accrued vacation pay and retiring allowances (note 1)	769,413	630,129
Reserve for future expenditures (note 4)	28,343	114,115
	1,610,491	1,459,364
ASSETS HELD IN TRUST (note 1)	12,542	11,229
	1,623,033	1,470,593
EQUITY		
APPROPRIATED EQUITY		
Restricted Fund (note 1)	55,155	207,493
	1,678,188	1,678,086

SIGNED ON BEHALF OF THE BOARD

Hector Rose DIRECTOR

Thelma MacDonald DIRECTOR

EASTERN KINGS HEALTH AUTHORITY
STATEMENT OF REVENUE AND EXPENDITURES
FOR THE YEAR ENDED MARCH 31, 2001

	2001 $	2000 $
REVENUE		
Department of Health and Social Services	10,973,013	10,191,672
Department of Health and Social Services - Eastern Kings Health Centre	736,670	-
	11,709,683	10,191,672
GENERAL SERVICES - OUT PATIENTS		
Non-residents	29,888	25,400
Workers' Compensation Board	48,310	25,193
Federal	1,347	1,252
Other	7,651	7,495
	87,196	59,340
GENERAL SERVICES - IN PATIENTS		
Federal	12,150	-
Non-residents	23,725	47,229
Workers' Compensation Board	13,365	8,910
Other	810	-
	50,050	56,139
OTHER INCOME		
Recoveries -		
Salaries	53,929	43,772
Dietary	54,442	50,560
Medically discharged - long stay	39,055	64,055
Differential income and preferred accommodation	31,551	52,810
Other	41,196	81,851
Contributions for equipment purchases	96,000	94,405
Rental	14,231	29,527
Investment income	17,282	36,066
	347,686	453,046
TOTAL REVENUE	12,194,615	10,760,197
EXPENDITURES		
Souris Hospital (schedule 1)	3,273,868	3,015,426
Public Health (schedule 1)	253,664	204,279
Addiction Services (schedule 1)	744,578	707,023
Child and Family Services (schedule 1)	2,065,026	2,076,916
Home Care and Support (schedule 1)	769,065	804,729
Housing (schedule 2)	486,758	461,739
Colville Manor (schedule 2)	2,600,741	2,388,687
Job Creation Program (schedule 2)	214,055	227,673
Regional Services (schedule 2)	685,243	585,703
Community Health Centre (schedule 2)	736,670	-
Vacation pay	98,747	29,522
Grants - non-government organizations	266,200	258,500
TOTAL EXPENDITURES	12,194,615	10,760,197
EXCESS REVENUE (EXPENDITURES) FOR THE YEAR	-	-

EASTERN KINGS HEALTH AUTHORITY

STATEMENT OF INCOME AND APPROPRIATED EQUITY

FOR THE YEAR ENDED MARCH 31, 2001

	2001 $	2000 $
RESTRICTED FUND (note 1)		
INCOME		
Donations	5,328	10,520
Interest	1,420	13,803
Rent	440	345
Contribution from Eastern Kings Health Authority	-	122
	7,188	24,790
EXPENSES		
Contribution to Eastern Kings Health Foundation Inc. (note 3)	157,581	-
Resident activities	1,945	5,316
Contribution to Eastern Kings Health Authority - equipment	-	1,800
	159,526	7,116
EXCESS INCOME (EXPENSES) FOR THE YEAR	(152,338)	17,674
BALANCE - BEGINNING OF YEAR	207,493	189,819
BALANCE - END OF YEAR	55,155	207,493

SCHEDULE 1

EASTERN KINGS HEALTH AUTHORITY
SCHEDULE OF EXPENDITURES
FOR THE YEAR ENDED MARCH 31, 2001

	2001 $	2000 $
SOURIS HOSPITAL		
Administration	71,951	121,206
Materials, supplies and services	585,423	551,461
Salaries	2,477,456	2,212,726
Travel and training	22,162	7,255
Professional and contract services	19,402	22,723
Equipment	97,474	100,055
	3,273,868	3,015,426
PUBLIC HEALTH		
Administration	4,271	3,882
Materials, supplies and services	1,405	1,120
Salaries	238,792	191,020
Travel and training	8,985	6,940
Professional and contract services	76	597
Equipment	135	720
	253,664	204,279
ADDICTION SERVICES		
Administration	13,492	11,964
Materials, supplies and services	16,152	17,666
Salaries	699,103	664,175
Travel and training	5,444	3,056
Professional and contract services	10,387	10,162
	744,578	707,023
CHILD AND FAMILY SERVICES		
Administration	8,989	9,819
Materials, supplies and services	612	420
Salaries	782,451	712,896
Travel and training	52,285	44,807
Financial assistance - social services	1,220,689	1,308,974
	2,065,026	2,076,916
HOME CARE AND SUPPORT		
Administration	4,817	3,823
Materials, supplies and services	3,325	3,809
Salaries	717,099	759,584
Travel and training	42,807	36,507
Professional and contract services	1,017	875
Equipment	-	131
	769,065	804,729

SCHEDULE 2

EASTERN KINGS HEALTH AUTHORITY
SCHEDULE OF EXPENDITURES
FOR THE YEAR ENDED MARCH 31, 2001

	2001 $	2000 $
HOUSING		
Administration	34,187	33,292
Materials, supplies and services	325,433	301,402
Salaries	56,364	69,018
Travel and training	4,513	4,833
Professional and contract services	54,531	42,902
Equipment	8,361	6,942
Grants - home repair assistance	3,369	3,350
	486,758	461,739
COLVILLE MANOR		
Administration	22,246	20,947
Materials, supplies and services	260,419	235,672
Salaries	2,279,977	2,094,671
Travel and training	10,960	9,947
Professional and contract services	19,325	17,290
Equipment	7,814	10,160
	2,600,741	2,388,687
JOB CREATION PROGRAM		
Administration	10,172	1,218
Materials, supplies and services	58	29
Salaries	80,242	81,582
Travel and training	1,852	1,331
Professional and contract services	-	1,865
Grants - wage assistance	121,731	141,648
	214,055	227,673
REGIONAL SERVICES		
Salaries	512,913	407,271
Travel and training	21,862	22,086
Professional and contract services	115,844	111,330
Equipment	34,624	45,016
	685,243	585,703
COMMUNITY HEALTH CENTRE		
Administration	23,306	-
Materials, supplies and services	8,321	-
Salaries	493,534	-
Travel and training	34,971	-
Professional and contract services	122,862	-
Equipment	53,676	-
	736,670	-

EASTERN KINGS HEALTH AUTHORITY

NOTES TO FINANCIAL STATEMENTS

FOR THE YEAR ENDED MARCH 31, 2001

1. A. NATURE OF OPERATIONS

Eastern Kings Health Authority is a non profit organization incorporated under the Health and Community Services Act and is responsible for the management of the following regional programs and services:

Souris Hospital
Colville Manor
Child and Family Services
Addiction Services
Home Care and Support
Housing
Job Creation Program
Public Health
Community Health Centre

Eastern Kings Health Authority acts as an agent for the Province of Prince Edward Island for the collection of revenue through several of its institutions and programs. These revenues are not reflected in these financial statements.

B. RESTRICTED FUND

Specific funds have been formed for the purpose of benefiting the residents of several institutions within the region. These funds are subject to certain restrictions.

The following funds are included in the Restricted Fund on the financial statements:

Colville Manor Equipment Fund
Addiction Services Equipment Fund

C. FINANCIAL SUPPORT OVERPAYMENTS

Financial support overpayments are recorded as receivable when identified with a full provision as a doubtful account. Recoveries of financial support overpayments are recorded as a reduction to financial support expenditures when received.

D. RETIRING ALLOWANCES AND VACATION PAY

Accruals are made for retirement allowances owed to employees as at March 31, 2001. As the liability will be offset by funding provided by the Department of Health and Social Services an account receivable has been recognized for the same amount. Vacation pay is recorded as a liability when earned.

EASTERN KINGS HEALTH AUTHORITY

NOTES TO FINANCIAL STATEMENTS

FOR THE YEAR ENDED MARCH 31, 2001

E. ACQUIRED PHYSICAL ASSETS

Fixed assets and inventory of supplies and equipment are recorded as expenditures in the year incurred. Had the physical assets of the Souris Hospital been capitalized and recognized as expenditures over their period of economic benefit, Eastern Kings Health Authority would have the following assets recorded:

SOURIS HOSPITAL

		2001			2000
	Rate of Depreciation	Cost	Accumulated Depreciation	Net	Net
		$	$	$	$
Land		56,250	-	56,250	56,250
Building	2.5% S/L	7,851,568	2,224,313	5,627,255	5,823,544
Equipment	6.25% S/L	1,212,572	684,494	528,078	507,864
		9,120,390	2,908,807	6,211,583	6,387,658

The ownership of the assets of the Souris Hospital remain that of Eastern Kings Health Authority.

Inventory at March 31, 2001, valued at the lower of cost and net realizable value, which has not been recorded as an asset totalled $142,529 (2000 - $175,468).

F. ASSETS HELD IN TRUST

Colville Manor provides safekeeping for residents' monies. These funds are held in bank accounts and Province of Prince Edward Island deposit receipts.

EASTERN KINGS HEALTH AUTHORITY

NOTES TO FINANCIAL STATEMENTS

FOR THE YEAR ENDED MARCH 31, 2001

2. PENSIONS

Employees within the Eastern Kings Health Authority belong to one of two pension plans.

Regional employees from the former hospital system belong to a uniform pension plan for employees of all Prince Edward Island Hospitals. According to the most recent actuarial report dated January 1, 2000, the contributions under the pension plan have been sufficient to meet the requirements of the plan and a pension fund surplus existed at that date.

Regional employees from the provincial government system belong to a pension plan for all permanent full time employees of the Province of Prince Edward Island. According to the most recent actuarial report dated April 1, 1996, contributions under the pension plan have not been sufficient to meet the requirements of the plan and an unfunded liability of $69,900,000 existed at that date.

3. EASTERN KINGS HEALTH FOUNDATION INC.

Eastern Kings Health Authority (The Authority) has an economic beneficial interest in Eastern Kings Health Foundation Inc. (formerly Souris Hospital Foundation Inc.) The primary purpose of the Foundation is to raise funds for the benefit of the Community of Eastern Kings. As the Authority does not exercise control or significant influence over the Foundation, its activities have not been consolidated within these financial statements except to the extent of actual contributions received during the year.

During 1997 the Authority transferred $145,000 from Unappropriated Equity to a Restricted Fund for the benefit of the Eastern Kings Health Foundation Inc. (formerly Souris Hospital Foundation Inc.) This transfer reflects a return of the $145,000 in funding that was raised by the community of Eastern Kings and donated to the cost of constructing the Souris Hospital. During the year this amount plus accumulated interest of $12,581 was transferred to the Foundation.

4. RESERVE FOR FUTURE EXPENDITURES

The reserve consists of funds set in reserve for future expenditures and consists of the following:

	$
Capital repairs/equipment	14,746
Teen Parenting Program	350
Miscellaneous Equipment	2,411
Disability Support Services Fund	3,000
Targeted Support Fund	2,052
Population Heart Health	5,784
	28,343